

## Improving outcomes for Frail Older People

### Outcomes

Older People stay well at home longer

Older people with dementia and their carers feel supported to manage their dementia

**Cross Cutting:**  
**Reducing inequalities by tackling the wider determinants**  
**Prevention and Early Intervention**  
**Acting upon patient and customer experience**  
**Safeguarding and ensuring high quality integrated services**

There are around 20,000 people aged 75 years and above in Central Bedfordshire and approximately 1,500 are known to have dementia, thought to represent about 68% of the total number of people affected.

|  | Latest Data | DoT | Latest Data | Target  | Current Status | England | Statistical neighbour/ deprivation decile |
|--|-------------|-----|-------------|---------|----------------|---------|---|
| Total non-elective admissions in to hospital (general & acute), all-age, per 100,000 population  | Mar 17      | ↓   | 2,630       | 2,309   | ▲              | n/a     | n/a                                       |
| Permanent Admissions of Older People (65+) to residential & nursing care homes (BCF 2) QUARTERLY | Mar 17      | ↓   | 375         | 485     | ★              | n/a     | n/a                                       |
| Proportion of 65 + still at home 91 days after discharge from hospital                           | Dec 16      | ↑   | 91.8 %      | 95.5 %  | ●              | n/a     | n/a                                       |
| Emergency hospital admissions due to falls (65+) per 100,000                                     | Mar 16      | ↓   | 2,235       | 1,771   | ▲              | n/a     | n/a                                       |
| Dementia diagnosis rate (65+)  | Mar 17      | ↑   | 61.22 %     | 66.72 % | ●              | 67.70 % | n/a                                       |
| Social isolation-Adult carers who have as much contact as they would like                        | Mar 14      | ↓   | 41.0 %      | 41.6 %  | ●              | 38.0 %  | n/a                                       |
| Delayed Transfers of Care (days) from hospital per 100,000 population                            | Mar 17      | ↑   | 627         | 423     | ▲              | n/a     | n/a                                       |

▲ Target missed by 10% or more    ● Target missed by less than 10%    ★ Target achieved  
 ↑ Performance is improving    ➡ Performance remains unchanged    ↓ Performance is worsening

#### Successes:

The rate for delayed transfers of care shows an improvement in performance. There were 538 days spent in acute care because of delayed transfers (435 NHS, 90 Social Care & 13 both NHS and Social Care) during March 2017.

Permanent admissions of older people to residential and nursing care homes show a decrease from previous quarter but are performing well against the target.

#### Challenges:

Delayed discharges remain challenging across the Health sector with per 100,000 population performance during Q4 2016/17 behind target - 627.3 vs 423.3 target.

The target for non elective admissions into hospital remains challenging and is below the BCF target. A review of non elective admissions has been carried out and includes those areas with higher rates of emergency admissions, such as paediatrics and people with long term conditions.

Dementia diagnoses rate (65+) shows a slight increase from previous month but still remain below target. East London Foundation Trust (ELFT) continue to support low referring GP surgeries as part of the CQUIN and are offering training to those identified. Dementia education seminars for patients and carers will take place throughout the summer. This is to encourage patients to come forward who are worried about their memory and to promote the range of post diagnostic support services in place for people.

#### Health and Wellbeing Board Action:

To continue to provide support and oversight of the Better Care Plan including the development of integrated care.